

BIX Produce

Market Advisory



Week of October 7, 2018

Market Opportunities

Items with Good Quality and Market Value

| Commodity | Quality | \$\$\$ |
|--|---------|--------|
| Apples | ● | ● |
| Asparagus | ● | ● |
| Avocado | ● | ● |
| Bananas | ● | ● |
| Berries: Strawberries | ● | ● |
| Berries: Raspberries | ● | ● |
| Berries: Blackberries | ● | ● |
| Berries: Blueberries | ● | ● |
| Brussel Sprouts | ● | ● |
| Broccoli | ● | ● |
| Cauliflower | ● | ● |
| Carrots | ● | ● |
| Celery | ● | ● |
| Citrus: Lemons | ● | ● |
| Citrus: Limes | ● | ● |
| Citrus: Oranges | ● | ● |
| Grapes, Green | ● | ● |
| Grapes, Red | ● | ● |
| Lettuce (Head) | ● | ● |
| Romaine/Romaine Hearts | ● | ● |
| Tender Leaf <small>(Spring Mix, Spinach, Arugula, Baby Kale)</small> | ● | ● |
| Melons: Cantaloupe | ● | ● |
| Melons: Honeydew | ● | ● |
| Melons: Watermelon | ● | ● |
| Onions | ● | ● |
| Peppers | ● | ● |
| Pears | ● | ● |
| Potatoes | ● | ● |
| Squash | ● | ● |
| Tomatoes | ● | ● |

● Good ● Fair ● Caution

Apples:

The new Washington crop is still going strong with most varieties. Locally we are shipping Cortland, McIntosh, Sweetango, Haralson and Honeycrisp varieties this week. We are also now shipping new Braeburns crop from Washington.

Peppers:

We are still bringing in Green Peppers from our local growers and quality has been good, but they will be finishing up in the next week. Then, we will move to the southeast. Prices are steady and Red and Yellow peppers are steady with good quality.

Local Product Availability: Apples, Carrots, Hydro Bibb Lettuce, Green Peppers, Bushel Boy Tomatoes, Radishes, Red Potatoes, Kale, Lacinato Kale, Medium Carton Red and Green Cabbage, Acorn, Butternut, Buttercup, Orange Buttercup and Spaghetti Squash.

Market Alerts

Items to Buy with Caution

Squash:

Supplies remain tight for now coming in from Georgia, and there are light supplies starting to come in from Mexico. Prices are high, but are expected to come down soon.

Cantaloupe:

California growers are seeing less fruit as we finish up out of the Westside growing region. We can expect to see limited supplies and higher markets until the desert region starts up in mid October. As we transition from California to Arizona we may see some supply and quality issues.

Green Beans:

Supplies are coming in from Georgia now, and quality looks ok. Prices are high, and expected to stay on the higher side for a few weeks.

Blackberries:

Supplies have become very limited, as the domestic supplies are winding down quickly. Mexican product has started with light supplies but they are expected to increase over the next few weeks. Prices are steady for now.



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Season Picks



Week of October 7, 2018

Seasonal Squash - In Stock at BIX Produce



Orange Buttercup
BIX Item # 8300
Pack Size: 30 lbs.
Stocked in limited quantities



Sweet Dumpling Squash
BIX Item # 8302
Pack Size: 20 lbs.



Carnival Squash
BIX Item # 8240
Pack Size: 35 lbs.



Delicata Squash
BIX Item # 8260
Pack Size: 20 lbs.



Turban Squash
BIX Item # 8270
Pack Size: 35 lbs.
Special Order Item



Hubbard Squash
BIX Item # 8264
Pack Size: 1 count
Special Order Item

Season Favorites



Pomegranates
BIX Item #3870
32-36 ct



Haralson Apples
BIX Item #1200
113-125 ct



McIntosh Apples
BIX Item #1500
125 ct

